

Transition Tasks

1. Areas and Perspectives in Psychology

In psychology we will study some of the biggest approaches in psychology. Your task is to research each of these areas or perspectives to get ahead on the course!

The area and perspectives we will look at are:

- Social Psychology
- Cognitive Psychology
- Developmental Psychology
- Biological Psychology
- Individual Differences/Abnormal Psychology
- Behaviourist perspective
- Psychodynamic perspective

Your task is to find out what the area or perspective investigates and have a look at some research linked to that area or perspective. Then you need to decide why this type of psychology is useful? Who or what situations do you think would use research in this area?

2. Research Methods

A big part of the course (a whole exam paper in fact!) so beginning research on some of the keywords would be really useful.

Below is a list of key terms we will be using throughout the course. See if you can get a definition for these and find out more about research in psychology.

- Aims and hypotheses – Null and alternative hypotheses
- Experimental designs – Independent measures, repeated measures and match pairs designs
- Experimental methods – Lab, field and quasi experiments
- Sampling techniques – Random, opportunity, volunteer and snowball
- Observations
- Interviews and questionnaires

3. Key Psychological Studies

Use the following links to read the studies, most of which you will be learning about in your course.

For each of the five studies listed below summarise the following in 100-150 words:

- Background and Aim(s)
- Method (procedure and details of the sample)
- Results (this could be written or included on a graph – as long as you explain your graph)
- Conclusion(s)

This information is called 'A01'. It is all about describing or outlining something. This may be describing a study, an explanation or a model.

1) <https://simplypsychology.org/milgram.html> - Milgram

2) <https://www.simplypsychology.org/zimbardo.html> - Zimbardo

- 3) https://www.simplypsychology.org/rosenhan_experiment.html - Rosenhan
- 4) <https://www.simplypsychology.org/loftus-palmer.html> - Loftus and Palmer
- 6) <http://www.holah.karoo.net/rainestudy.htm> - Raine

4. Multiple Choice Quiz:

- 1) How many participants were there in Milgram's study?
 - a) 20
 - b) 40
 - c) 50
 - d) 60

- 2) How long (range and mean) were pseudo patients admitted to the hospitals for?
 - a) 7-52 (19 day mean)
 - b) 8-52 (18 day mean)
 - c) 9-48 (19 day mean)
 - d) 7-53 (19 day mean)

- 3) What was the speed estimate when the verb 'smashed' was used?
 - a) 40.6mph
 - b) 48.1mph
 - c) 40.8mph
 - d) 41.8mph

- 4) What role did Zimbardo play in the Stamford prison experiment?
 - a) A guard
 - b) A prisoner
 - c) A warden
 - d) The chief superintendent

- 5) How were the prisoners for Zimbardo's study 'collected'?
 - a) Arrested at home and handcuffed by police officer
 - b) Arrested at home by Zimbardo
 - c) They made their own way to Stamford University for the experiment
 - d) Arrested at home by the guards in the study

5. Extra Resources:

If you wish to find out more about psychology, below is a list of books, articles and videos for you to browse. If you take any notes on these make sure you take them into school with you in September to show your teacher.

Books:

- Friend Request, 2018 by Laura Marshall
- Born Evil, 2018 by Julia Derek
- Lies, 2017 by T.M. Logan
- Reaching Down the Rabbit Hole, 2016 by Allan Ropper and Brian David Burrell
- Good Me Bad Me, 2017 by Ali Land • Selfie: How the West Became Self-Obsessed, 2018 by Will Storr
- The Lucifer Effect: How Good People Turn Evil, 2008 by Philip Zimbardo
- How to Survive the End of the World, 2018 by Aaron Gillies

Articles:

- <https://www.psychologytoday.com/gb/blog/finding-new-home/201806/why-dosome-songs-become-popular>
- <https://www.psychologytoday.com/gb/blog/finding-newhome/201805/narcissistic-eyebrows>
- <https://www.psychologytoday.com/gb/blog/talking-apes/201805/are-youmorning-lark-or-night-owl>
- <https://www.psychologytoday.com/gb/blog/modern-mentality/201806/sadnessdoes-not-discriminate-reflecting-kate-spade>
- <https://www.psychologytoday.com/gb/blog/when-your-adult-child-breaks-yourheart/201805/are-children-overprescribed-psychiatric>
- <https://www.psychologytoday.com/gb/blog/finding-new-home/201805/newresearch-does-watching-tv-make-us-unhappy>

Videos:

- <https://www.youtube.com/watch?v=O3cOvLrixhY> – Trial of O.J. Simpson – BBC documentary. The collection of forensic evidence and investigation, including court cases.
- https://www.ted.com/talks/petter_johansson_do_you_really_know_why_you_do_what_you_do
- https://www.ted.com/talks/laurel_braitman_depressed_dogs_cats_with OCD_what_animal_madness_means_for_us_humans?language=en
- https://www.ted.com/talks/elizabeth_loftus_the_fiction_of_memory
- https://www.ted.com/talks/scott_fraser_the_problem_with_eyewitness_testimony
- https://www.ted.com/talks/steven_pinker_chalks_it_up_to_the_blank_slate

- https://www.ted.com/talks/philip_zimbardo_on_the_psychology_of_evil
- https://www.ted.com/talks/ben_ambridge_10_myths_about_psychology_debunked
- https://www.youtube.com/watch?v=yT_F0dMZRU (Part 1)
<https://www.youtube.com/watch?v=B3rHTm1YLxA> (part 2) – Stephen Fry - The Secret Life Of The Manic Depressive. BBC
- <https://www.youtube.com/watch?v=jhLuEKZj1oo> – The Fritzl affair. Real crime documentary.
- <https://www.youtube.com/watch?v=nJm7AhdGbDk> – Freud documentary (short)
- <https://www.youtube.com/watch?v=5XFjLdNO4FU> – The Nurture room – child psychology
- <https://www.youtube.com/watch?v=OON81IJ9yos> – Charles Whitman documentary
- <https://www.youtube.com/watch?v=L-DgV2vixSo> – Motivation and rewards in learning (Rats)

The exam board is OCR so anything you look at online which is from an exam board, make sure you use OCR material.

You can send me your work, or if you have any questions or want more work, drop me an email at m.hayes@huxlow.northants.sch.uk

I look forward to meeting you all soon!

Miss Hayes